

LOS AMIGOS TORTILLA MFG., INC.

Atlanta, Georgia 30324

NUTRITION FACTS
AMOUNT PER SERVING

Item	Serving Size (g)	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Yellow Corn Tortillas SG	50	140	15	1.5	0	0	0	28	3	0	4
White Table Corn Tortillas CF	60	140	15	1.5	0	0	90	28	2	0	4
Flour Tortillas HS	43	140	30	3.5	0	0	200	23	<1	0	4
Flour Tortillas PR	52	130	30	3.5	1.5	0	220	22	1	1	3
Yellow Salted Tortilla Chips SG	31	160	70	8	0.5	0	25	20	2	0	2
Yellow No Salt Tortilla Chips SG	30	150	60	6	0.5	0	0	20	2	0	2
White Salted Tortilla Chips SG	30	160	80	9	0.5	0	30	18	1	0	2
Blue Salted Tortilla Chips SG	30	160	90	10	1	0	85	16	1	0	3
Jalapeno Flavored Tortilla Chips SG	30	140	60	6	0.5	0	160	20	2	0	2
Nacho Cheese Flavored Tortilla Chips SG	30	140	50	6	0.5	0	95	20	2	<1	3
BBQ Flavored Tortilla Chips SG	30	140	50	5	0.5	0	370	21	2	3	2
Taco Spicy Flavored Tortilla Chips SG	30	140	50	6	0.5	0	440	19	2	<1	3
Sour Cream & Onion Flavored Tortilla Chips SG	30	140	50	6	0.5	0	330	20	2	1	2
Cool Ranch Flavored Tortilla Chips SG	30	140	50	6	1	0	370	20	2	<1	3
Chili & Lime Flavored Tortilla Chips SG	30	150	50	6	0.5	0	200	20	2	0	2

NUTRITION FACTS BASED ON 1 (one) TORTILLA / CHIP / SHELL

Item	Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Yellow Corn Tortilla - Stone Ground	6"	36	4	0	0	0	0	7	1	0	1
White Table Corn Tortilla - Corn Flour	6"	47	5	1	0	0	30	9	1	0	1
Flour Tortillas - Press	6"	90	20	2	1	0	140	14	1	1	2
Flour Tortillas - Press	7"	106	25	3	1	0	180	18	1	1	2
Flour Tortillas - Press	8"	130	30	4	2	0	220	22	1	1	3
Flour Tortillas - Press	10"	200	50	5	2	0	330	33	1	1	5
Flour Tortillas - Press	12"	290	70	7	3	0	490	49	2	1	7
Plain Tortilla Chips - Salted	2.75"	21	9	1	0	0	3	3	0	0	0
Plain Tortilla Chips - No Salt	2.75"	20	8	1	0	0	0	3	0	0	0
Taco Shells	6"	55	22	2	0	0	0	7	1	0	1